

Most people have not had the virus yet so please be careful

Talk to people you trust and think about...

The safe distance rule is changing to 1 metre so more places can open

- * Pubs and cafes
- * Hairdressers
- * Community centres
- * Cinemas and more



Where you want to go



Things you do and don't want to do



How far you want to keep away from people



What to do about face coverings



If you feel ill stay home and phone your GP or get advice from 111 In an emergency call 999